

# METRO REGION EMS SYSTEM PLAN

Regional Programs & Projects  
FY 2020-2021



# Metro Region EMS System

<b>FY2020-2021 MESB-Metro Region EMS Work Plan</b>		
<b>Goal Area and Title of Goal/Objective</b>	<b>Short Description of Goal/Objective</b>	<b>Activities Designed to Achieve the Goal/Objective</b>
<b>Personnel Education and Training</b>		
Provide training and workshops on current EMS topics or issues to EMS providers in the Metro Region, based on input from the Metro Region EMS System committees and board. Enhance the knowledge and skills of EMS providers and leaders. Use education to bolster relationships with other first responder disciplines and promote public safety responder integration with the EMS system.	Provide EMS personnel advanced medical life support (AMLS) training.	Provide a minimum of three (3) AMLS classes per fiscal year (with up to 24 students per class).
The MESB-Metro Region EMS Technical Operations Committee has recommended education focusing on Leadership, skills and tools as well as self resilience, including personal physical and mental health (psychological) resilience, including how to create an agency culture that supports activities to improve the psychological well-being of EMS responders.	Provide Leadership training.	Leadership training: Complete the remaining training modules for Cohort 2018; enroll students for Cohort 2019 and complete all training modules by June 2020.
	Provide Ambulance Strike Team Leader (ASTL) training.	Provide at least one (1) FEMA approved ASTL credentialing class.
	Pre-Hospital trauma Life Support PHTLS training: If funds are available, provide EMS personnel pre-hospital trauma life support training.	Provide at least one (1) PHTLS class per year.
Support and provide hostile event response training.	Provide 3ECHO Hostile Event Response support and training upon request.	Promote the involvement of all public safety disciplines into 3 Echo-Hostile Event Response trainings, maintain and update material and support agencies hosting trainings presentations. Provide one (1) 3ECHO 12 hour training.
	Provide EMS Documentation Specialist classes	Provide EMS Documentation classes one (1) per quarter.

<b>Transportation Coordination</b>		
<p>Maintain the Metro Region EMS System capability to provide EMS surge capacity capabilities upon request to the metropolitan region, the State of Minnesota and other state or federal jurisdictions. Maintain the capability to support and coordinate with any other MN EMS regional system response strategy for EMS surge capacity through continued development of regional components of MN Ambulance Strike Team (MNAST) including AST support equipment purchases and maintenance. Maintain the Metro EMS Regional Coordination Center and ability to provide 24/7 on-call staffing for EMS (MAC) multi-agency coordination that also could be used for state EMS coordination. Provide a real-time, reliable system for EMS resource allocation during mass casualty incidents and large scale, multi-jurisdictional events (EMSMAC function). The core mission of the Metro Region EMS System is the commitment to strive for competence, commitment, cooperation, and regional EMS coordination in order to provide an effective and efficient regional EMS response in the wake of any disaster through ongoing collaboration with state, county, and local emergency management, public safety, public health and healthcare provider agencies.</p>	<p>Provide workshops and seminars in the area of incident management, medical surge and emergency preparedness for EMS provider agencies that comply within state and federal guidelines such as NIMS-ICS structure with state, county, and local emergency management, public safety, public health and healthcare provider agencies.</p>	<p>Support the ongoing operations, training and exercise of a statewide EMS Multi-Agency Coordination Center (MACC). Provide training on EMS MACC operations and positions, SITREP development, and ensure EMS participation on regional workgroups and planning committees when requested.</p>
	<p>Provide training on regional response and surge plans.</p>	<p>The Metro Region EMS Emergency Preparedness (EP) Subcommittee to collaborate with the Metro Region Healthcare Coalition in the development, training, and dissemination on regional plans.</p>
	<p>Maintain collaborative participation with regional MNAST participants, county EMS councils and emergency management directors, MN EMSRB, MN Department of Health (MDH), Regional Healthcare Coalitions, the metro Regional Hospital Resource Coordination Center, the MN Metro Regional Trauma Advisory Council (MMRTAC) and emergency preparedness partners.</p>	<ol style="list-style-type: none"> <li>1. Participate/attend at least quarterly the state Hospital Preparedness Program and Healthcare Coalition meetings, EMSRB meetings, and other regional meetings upon request.</li> <li>2. Attend local EMS councils as requested.</li> <li>3. Collaborate with local emergency managers with exercises, local trainings, and local council meetings.</li> </ol>
	<p>Provide one-stop emergency notification process for EMS surge and MNAST requests.</p>	<p>Provide Ziplt notification service to key EMS leaders to communicate urgent EMS needs and incident updates.</p>
<b>Public Safety Agency Cooperation</b>		
<p>The most feared mass casualty incidents (MCIs) are those that are caused by a hostile event. In light of recent disasters, an overwhelming initial coordinated public safety response is mandatory in order to mitigate tragic loss of life and human suffering. In order to be successful and efficient, such a response requires planning, equipment and trained personnel.</p>	<p>Offer Incident Command System (ICS) training to EMS, fire, and law enforcement personnel.</p>	<p>Offer a minimum of one (1) ICS 300 and one (1) ICS 400 class per fiscal year. (24-30 students per class) Offer other ICS/IMT classes if funding is available.</p>

	Participate in the metro Healthcare Multi Agency Coordination Center activities.	Ensure EMS representation in all metro responses to MCI events and exercises where multi-agency coordination, a common operation picture and situational awareness is required. Recruit and train EMS leaders to provide this coverage.
All public safety responders are susceptible to stress-related mental disorders such as acute stress disorder (ASD) and posttraumatic stress disorder (PTSD). All first responders should have ready access to a team of trained individuals who have working knowledge of trauma, common reactions to trauma, PTSD, and other stress-related mental issues, in a peer-driven program that offers post-incident crisis intervention.	Enhance the well-being of EMS providers through instruction and funding of peer support(er) trainings and critical incident stress management (CISM).  Collaborate with other regional EMS programs to support the development and sustainability of CISM teams.	Contract with Metro CISM to provide services to all of the public safety agencies in the metro region. Collaborate with other regions to develop peer support training program for EMS.
<b>Communications Systems Maintenance and Development</b>		
Ensure EMS participation, compliance, and exercise within the scope of the regional tactical interoperability communications plan (TICP) and regional and statewide ARMER system standards.	Exercise and train EMS regional communication plans during planned events to be prepared to utilize plans during real incidents and events.	Utilize EMS communications plans and Communications Unit (COMU) personnel during regional exercises.
Maintain the EMS/MNAST communication assets.	Maintain fleet maps to be in compliance with state and regional standards; maintain and service radio cache as needed.	Continue internal radio checks and maintenance schedule.
Support regional COMU personnel during events and deployments.	Provide FEMA COML training for taskbook/credentialing.	Provide FEMA COML training for taskbook/credentialing.
<b>Public Involvement</b>		
Promote public and governmental awareness of health and safety-conscious lifestyles through a public education campaign that targets the reduction in the risks of illness or injury and/or promotes safer behavior as well as promotes the essential roles EMS plays in the region.  Identify public education initiatives addressing needs identified by the Metro Region EMS providers or gaps/needs gleaned from community health mapping and assessments.	Ensure metro region EMS website is current through regular updates and additional postings of new information to site.	Monitor, maintain and support emsmn.org website.
	Support public education campaigns by distributing general health, emergency medical care and personal-family preparedness materials to EMS providers and collaborative partners for public distribution.	Maintain and distribute upon request supplies of current, approved informational pamphlets and brochures as well as "Procedures for Emergency Care".

<b>Health Care Facilities Involvement</b>		
By action of the EMS TOC and the MESB, the Metro Region EMS System (MREMSS) acts as the regional EMS representative of the EMS community within the Metro Region Healthcare Coalition and sits on the Steering Committee. Also, the MREMSS is the MDH contracted host of the MN Metropolitan Regional Trauma Advisory Committee (MMRTAC) and provides a coordinator to the committee as well as provides administrative assistance to the committee.	Support and maintain the MMRTAC operations.	Provide MMRTAC coordination.
	Participate within the regional Healthcare Coalition (includes Emergency Management, Public Health, Hospitals and Hospital Systems, Unaffiliated Clinics, and Long Term Care) and represent metro EMS agencies within MDH statewide Hospital Preparedness Program (HPP).	Attend and participate in appropriate regional healthcare meetings, trainings and exercises.
<b>System Management</b>		
	Metro Region EMS System remains operational.	The MESB staff monitors regional EMS operations and expenditures.
<b>Equipment and Vehicle Purchases (Minn. Stat. §169.686 funds only)</b>		
	Maintain and upgrade as necessary regional EMS equipment including the regional MCI bus.	Maintain functionality and readiness of MCI bus and equipment. Revamp outside storage compartments.
		Revamp outside storage compartments.
		Update vehicle graphics and lettering.