



Metro Region EMS System

METRO REGION EMS SYSTEM PLAN

**Regional Programs & Projects
FY 2020-2021**

Goal Area and Title of Goal/Objective	Short Description of Goal/Objective
Personnel Education and Training	
<p>Provide training and workshops on current EMS topics or issues to EMS providers in the Metro Region, based on input from the Metro Region EMS System committees and board. Enhance the knowledge and skills of EMS providers and leaders. Use education to bolster relationships with other first responder disciplines and promote public safety responder integration with the EMS system.</p>	<p>Provide EMS personnel advanced medical life support (AMLS) training.</p>
<p>The MESB-Metro Region EMS Technical Operations Committee has recommended education focusing on leadership, skills and tools as well as self-resilience, including personal physical and mental health (psychological) resilience, including how to create an agency culture that supports activities to improve the psychological well-being of EMS responders.</p>	<p>Provide leadership training.</p>
<p>Support and provide hostile event response training.</p>	<p>Provide Ambulance Strike Team Leader (ASTL) training.</p>
	<p>Pre-hospital trauma life support (PHTLS) training: If funds are available, provide EMS personnel pre-hospital trauma life support training.</p>
	<p>Provide 3ECHO Hostile Event Response support and training upon request.</p>
	<p>Provide EMS Documentation Specialist classes.</p>

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Transportation Coordination	
<p>Maintain the Metro Region EMS System capability to provide EMS surge capacity capabilities upon request to the metropolitan region, the State of Minnesota and other state or federal jurisdictions. Maintain the capability to support and coordinate with any other MN EMS regional system response strategy for EMS surge capacity through continued development of regional components of MN Ambulance Strike Team (MNAST) including AST support equipment purchases and maintenance. Maintain the Metro EMS Regional Coordination Center and ability to provide 24/7 on-call staffing for EMS (MAC) multi-agency coordination that also could be used for state EMS coordination. Provide a real-time, reliable system for EMS resource allocation during mass casualty incidents and large scale, multi-jurisdictional events (EMSMAC function). The core mission of the Metro Region EMS System is the commitment to strive for competence, commitment, cooperation, and regional EMS coordination in order to provide an effective and efficient regional EMS response in the wake of any disaster through ongoing collaboration with state, county, and local emergency management, public safety, public health and healthcare provider agencies.</p>	<p>Provide workshops and seminars in the area of incident management, medical surge and emergency preparedness for EMS provider agencies that comply within state and federal guidelines such as NIMS-ICS structure with state, county, and local emergency management, public safety, public health and healthcare provider agencies.</p>
	<p>Provide training on regional response and surge plans.</p>
	<p>Maintain collaborative participation with regional MNAST participants, county EMS councils and emergency management directors, MN EMSRB, MN Department of Health (MDH), Regional Healthcare Coalitions, the metro Regional Hospital Resource Coordination Center, the MN Metro Regional Trauma Advisory Council (MMRTAC) and emergency preparedness partners.</p>
	<p>Provide one-stop emergency notification process for EMS surge and MNAST requests.</p>

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Public Safety Agency Cooperation	
<p>The most feared mass casualty incidents (MCIs) are those that are caused by a hostile event. Considering recent disasters, an overwhelming initial coordinated public safety response is mandatory to mitigate tragic loss of life and human suffering. To be successful and efficient, such a response requires planning, equipment, and trained personnel.</p>	<p>Offer Incident Command System (ICS) training to EMS, fire, and law enforcement personnel.</p>
<p>The lack of coordinated public safety responses to MCI events continues to be a serious gap. The reasons for the lack of a coordinated public safety response are: lack of a common operating picture; lack of common, agreed upon objectives and real time situational awareness; lack of communication between multiple responding agencies and disciplines; lack of inter-discipline training and exercise; and discipline and jurisdictional silos. ALL of the response agencies including emergency management, public health and the hospital systems must train and exercise together.</p>	<p>Participate in the Metro Healthcare Multi Agency Coordination Center activities.</p>
<p>All public safety responders are susceptible to stress-related mental disorders such as acute stress disorder (ASD) and posttraumatic stress disorder (PTSD). All first responders should have ready access to a team of trained individuals who have working knowledge of trauma, common reactions to trauma, PTSD, and other stress-related mental issues, in a peer-driven program that offers post-incident crisis intervention.</p>	<p>Enhance the well-being of EMS providers through instruction and funding of peer support(er) trainings and critical incident stress management (CISM).</p> <p>Collaborate with other regional EMS programs to support the development and sustainability of CISM teams.</p>
Communications Systems Maintenance and Development	
<p>Ensure EMS participation, compliance, and exercise within the scope of the regional tactical interoperability communications plan (TICP) and regional and statewide ARMER system standards.</p>	<p>Exercise and train EMS regional communication plans during planned events to be prepared to utilize plans during real incidents and events.</p>
<p>Maintain the EMS/MNAST communication assets.</p>	<p>Maintain fleet maps to follow state and regional standards; maintain and service radio cache as needed.</p>
<p>Support regional COMU personnel during events and deployments.</p>	<p>Provide FEMA COML training for taskbook/credentialing.</p>

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Public Involvement	
<p>Promote public and governmental awareness of health and safety-conscious lifestyles through a public education campaign that targets the reduction in the risks of illness or injury and/or promotes safer behavior as well as promotes the essential roles EMS plays in the region. Identify public education initiatives addressing needs identified by the Metro Region EMS providers or gaps/needs gleaned from community health mapping and assessments.</p>	<p>Ensure the Metro Region EMS website (emsmn.org) is current through regular updates and additional postings of new information to site.</p>
	<p>Support public education campaigns by distributing general health, emergency medical care and personal-family preparedness materials to EMS providers and collaborative partners for public distribution.</p>
Health Care Facilities Involvement	
<p>By action of the EMS TOC and the MESB, the Metro Region EMS System (MREMSS) acts as the regional EMS representative of the EMS community within the Metro Region Healthcare Coalition and sits on its Steering Committee. Also, the MREMSS is the MDH-contracted host of the MN Metropolitan Regional Trauma Advisory Committee (MMRTAC) and provides a coordinator and administrative assistance to the committee.</p>	<p>Support and maintain the MMRTAC operations.</p>
	<p>Participate within the regional Healthcare Coalition (includes Emergency Management, Public Health, Hospitals and Hospital Systems, Unaffiliated Clinics, and Long-Term Care) and represent metro EMS agencies within the MDH statewide Hospital Preparedness Program (HPP).</p>
System Management	
	<p>Metro Region EMS System remains operational.</p>
Equipment and Vehicle Purchases (Minn. Stat. §169.686 funds only)	
	<p>Maintain and upgrade as necessary regional EMS equipment including the regional MCI bus.</p>

