



METROPOLITAN EMERGENCY SERVICES BOARD EMS TECHNICAL OPERATIONS COMMITTEE

September 26, 2023, 10:00 A.M.

- 1) **Call to Order** –Chair, Brian Fisher
- 2) **Approval of Agenda** – Fisher
- 3) **Approval of Minutes of Previous Meeting (Page 2)** – Fisher
- 4) **Action Items**
 - a) EMSRB Representative to the EMS TOC.
 - b) Review By-Laws/Compact- Fisher
- 5) **Discussion Items**
 - a) Stillwater Prison Regional Response After Action Review
 - b) EMSRB– Edminson
- 6) MESB Update – Hayes/Rohret
 - a) Web Site update
 - b) EMS Regional Training
 - c) EMS Grant Update
 - d) MMRTAC Update
 - e) Team building Class Cohort #2- November 29, 2023 (**Page 4**).
- 7) EMS Emergency Preparedness Subcommittee – Lupkes
 - a) EP Work groups Update (IRP & AST)- Lupkes
 - b) MIR Bus Update- Hayes
- 8) Local EMS Updates
- 9) Other Business
- 10) Adjourn

2023 Next Meeting- December 19, 2023

EMS TOC Executive Committee- December 5

EMS TOC (Full Committee)- December 19

**Metro Region EMS System
EMS Technical Operations Committee
June 20, 2023
No Quorum**

Members:

Allina Health EMS - absent	Mahtomedi Fire - absent
Anoka County - Terry Stoltzman	Maplewood Fire - absent
Burnsville - absent	Mdewakanton Fire & EMS - Mark Weiberg
Carver County - absent	Medical Director, East – Dr. Aaron Burnett
CentraCare - absent	Medical Director, West - absent
Chisago County - absent	Minneapolis Fire - absent
Cottage Grove EMS - Jon Pritchard	Northfield EMS - Brian Edwards
Dakota County – Thomas Olmstead	North Memorial Ambulance – Scott Oberlander
Edina Fire – Ryan Quinn	Oakdale Fire - absent
Elk River Ambulance - absent	Ramsey County - absent
Gold Cross, St. Cloud - absent	Ridgeview EMS – Joe Dibenedetto
Hastings Fire - absent	St. Paul Fire - absent
HealthPartners Transportation - Brian Fisher, Chair	Scott County - absent
Hennepin County – Kristen Melstrom	Sherburne County - Adam Boler
Hennepin EMS - Tyler Lupkes	South Metro Fire - absent
Isanti County - absent	University of MN EMS – Robert Ball
Lakes Region EMS - absent	Washington County - absent
Lakeview EMS - absent	White Bear Lake Fire - Joel Schmidt
Lower St. Croix - absent	Woodbury Public Safety - absent
M Health Fairview – Adam Valine	

MESB Staff: Greg Hayes

Guests: Megan Barry- Anoka County, Adam Arnett- UMEMS

1. Call to Order @ 12:02 PM - No Quorum

2. Approval of June 20, 2023 Agenda-

3. Approval of past March 21, 2023 Minutes-

4. Action Items

A. EMSRB Representative to the EMS – delayed

B. Review By-Laws/Compact- delayed

5. Discussion Items

A. Presentation – Dr. Burnett

Dr. Burnett provided an update on the diversion status within the metro. The question was about the removal of the divert status, ED's would see an increase of patients. The data shows that the elimination of the divert status did not have negative impact on patients or ED volume. Finally, based on the data, COVID did not have an impact on the divert status.

B. EMSRB

Brian Edwards gave an update from the last board meeting. Additionally, service will be seeing a request for financials in accordance with Minnesota State Law. Finally, it is not known who will be the Metro Region representative from the EMSRB. Waiting on the Governors Office.

C. MESB Update

Greg Hayes gave an update on the EMSMN.org website updates. They include an update of the meeting materials in the “archive” tabs at the bottom of the page. The larger update was on the “Metro Resources” page with most of the MESB equipment displayed on the page. A future improvement will be a form for MESB participating agencies to request equipment.

EMS Regional training have gone well but very low attendance. A Leadership, CADS, MEDL and NIMS classes were offered in the past 6 months. As we move forward, classes will be chosen off of priority and student interest.

The EMS Sustainability grant has been approved by the MESB Board to help develop an EMS Mental Health resource in partnership with MnFIRE. A specific EMS section is being developed so EMS providers have access. It is estimated that approximately 70% of mental health support through MnFIRE is for EMS related incidents.

MMRTAC will be participating at the State Fair this year. The group will focus on the Stop The Bleed initiative and the plan is to hand out TQ's this year.

The Teambuilding class for June 28, 2023 will be held at the MESB with lunch provided and some fun discussion as well as hands on activities.

E. EMS Emergency Preparedness Subcommittee

Tyler Lupkes review the last meeting with the realignment of the workgroups. The majority of the day was the Metro Region Surge Exercise. Greg Hayes gave an update on the background and how the exercise was executed with real time resources.

Brian Edwards asked a question about the referenced “Plan 3” and how MRCC East and West operate differently. Additionally, providing training on the EMS Command system. Tyler Lupkes gave an update on “plan 3” and he will provide a brief in the future.

Greg Hayes gave an update on the EMS Field day.

F. Local EMS Updates

Services gave updates on the various community events that needed ES coverage.

6. Other Business

A.

7. Adjournment 1:45 p.m.

Metropolitan Emergency Services Board



Strategic Leadership Development
Focus on Leading with Insights Discovery
August 25, 2023, Cohort #2

PREPARED BY:
Peter Bailey, President

PREPARED FOR:
Jill Rohret, Executive Director





Greetings Jill:

We are excited to partner with your organization again and work with Greg Hayes and Jon Pritchard to support your efforts to develop your EMS Leaders.

As a partner, The Prouty Project will bring an engaging and purposeful leadership learning experience focused on:

- **Leading Self:** Through Emotional Intelligence (EQ) and Insights Discovery™ we encourage every participant to appreciate their own gifts and communication styles and better appreciate the styles of others.
- **Leading Others:** By better understanding oneself, we can modify and adapt our communication styles and behaviors to better match those with whom we work for better, more efficient communication and relationship-building.

We look forward to working with you and your team!

Peter H. Bailey



Why Prouty

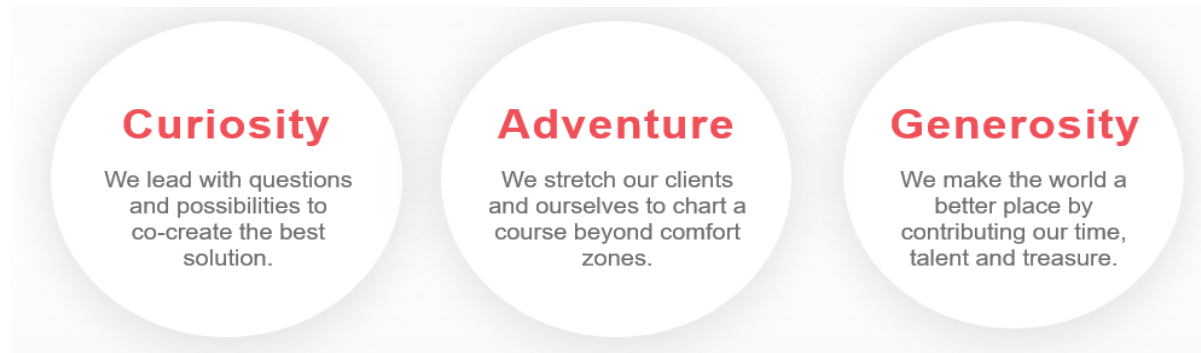
- As a **small, but mighty** firm of 15 dynamic leaders, we annually partner with approximately 100 CEOs and their leadership teams to ignite, elevate and create the extraordinary through strategic planning and leadership development services.
- Working with a **diverse range of organizations and boards across many sectors, industries and sizes, we have 35 years of expertise and experience** in helping our client partners develop compelling strategic plans and transform their leadership teams.

Who We Are: The Basics

- We are a **small management consulting firm** that specializes in strategic planning and leadership development.
- We exist to creatively **stretch leaders** to achieve bigger goals, bolder strategies, and better collaboration.
- We strive to create an environment where all participants **actively engage** in the process and enjoy themselves. We incorporate movement, music, and a sense of humor into everything we do.
- We live by the Oliver Wendell Holmes quote:

“A mind stretched by a new experience can never go back to its old dimensions.”

Our Values





What We Heard

You would like us to engage your dynamic EMS Leaders in an intensive and engaging teambuilding session focusing on key elements of Emotional Intelligence and a relationship/communication tool like Insights Discovery™.

Submission Requirements:

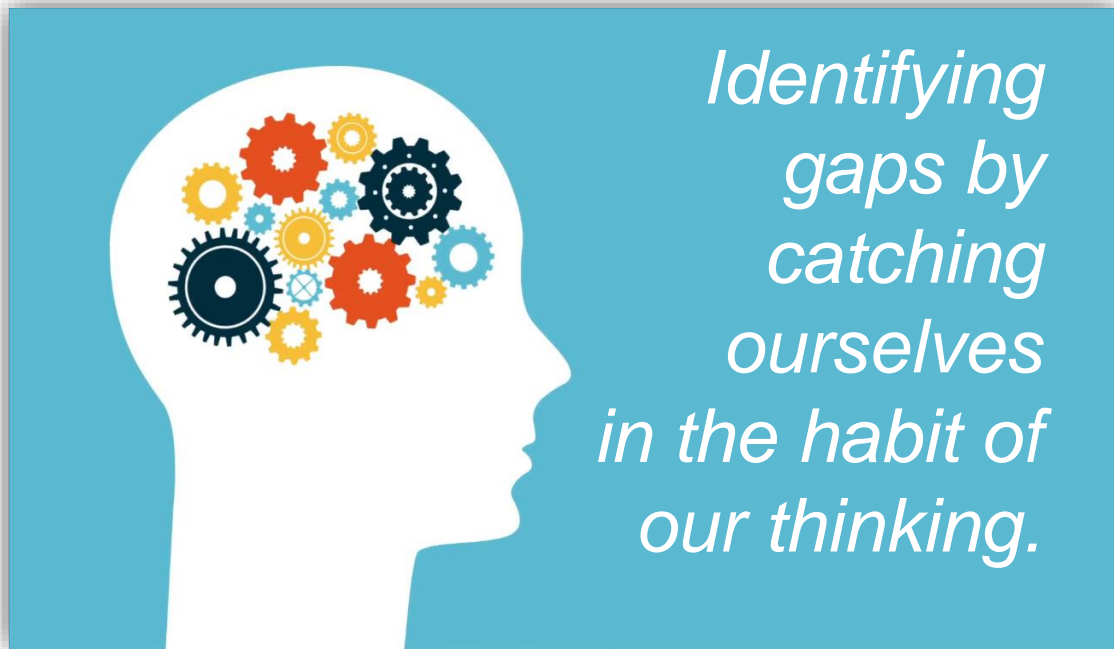
1. Experience of respondent organization in relation to the development and instruction of a leadership program.
2. Identity and qualifications of the person, or persons, the respondent organization would assign to the project.
3. A description of the respondent organization's plan for course content and delivery.
4. A list of relevant experiences in the last ten years, focusing on leadership development training.
5. A list of three references.



Our Approach: Elevated by Instructional Design

Principled. Personal.

Holistic Content Framework
Experiential Design





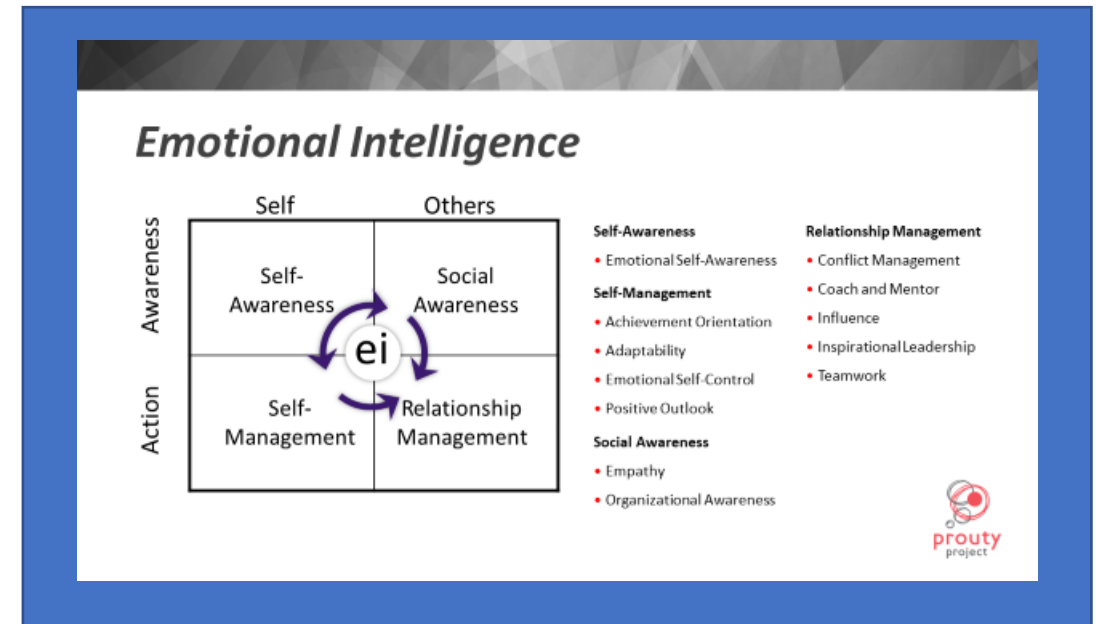
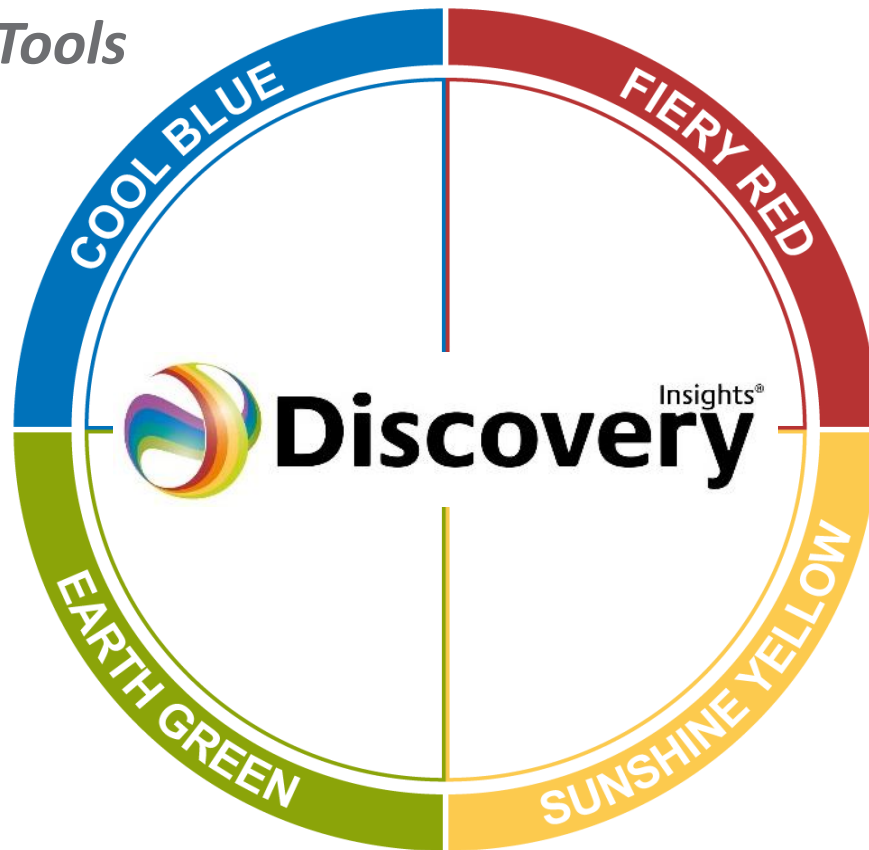
Our Approach: Powered by Human-Performance Evaluators

Principled. Personal.

Holistic Content Framework

Experiential Design

Best in Class Tools





Our Recommended Process

The Prouty Project will provide expertly facilitated content, videos, challenge experiences and in-depth conversations to support the understanding and practice of key leadership communication tools.

One Day Program: Leading Self and Leading Others with Emotional Intelligence and Insights Discovery™

- This program will launch the leadership journey with your EMS Team and will cover the following initial content:
 - **Insights Discovery™** for the EMS cohort #2 of 30 people. Personality assessment overviews and interpret results.
 - **Focus on Self-Awareness:** Content, challenges and adventure experiences, self-reflection and group process.
 - **Action Steps:** Reflection and articulation of how each participant will adapt and modify using these new tools.

Agenda: November 29, 2023, Cohort #2

- 8:30-12:00 Full workshop on both Emotional Intelligence and Insights Discovery interpretation. Leadership content, videos and leadership challenge activities to support the understanding and practice of the EQ and Insights Discovery content.
- 12:00-1:00 Lunch
- 1:00-4:30 Direct leadership applications of both Emotional Intelligence and Insights Discovery and deep-dive discussions. Team building challenges will be presented for small groups to see themselves in action.



Investment and Terms

	Consulting Fees	Out of Pocket Expenses	Optional
Design and Modify Custom Program Planning and Design	\$1,500		
Facilitation of Leading Self, Leading Others, Leading the Business One day format, one facilitator (November 29, 2023)	\$8,000		
Insights Discovery for Leadership Team Approx. \$295 x 30 = \$8,850		\$8,850+/-	
Other out of pocket expenses: Food, printed materials, activities, etc.		\$TBD	
TOTAL:	\$9,500		\$18,350

The Prouty Project proposes the following terms with the understanding that you may wish to include additional terms pursuant to your policy requirements:

- The fees outlined in this proposal will remain valid through December 31, 2023, unless an extension is mutually agreed upon.
- The fees include time for the design, development, and delivery as outlined above. A 1% overall fee will be charged to include all Prouty provided materials and will be represented in the final invoice. Other out-of-pocket expenses will be billed as incurred.
- Fees quoted are based upon the assumptions of the deliverables outlined. Any additional requests or changes will be gladly accommodated at adjusted prices.
- The project will be payable 1/3 up front upon signing this contract, and the remainder, plus out of pocket expenses, billed upon completion of the engagement.
- MESB will pay for food for the one-day session and will also provide copies of printed materials..

Jill Rohret, Executive Director, MESB

6385 Old Shady Oak Road, Suite 260, Eden Prairie, MN 55344



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Peter Bailey, President, The Prouty Project

The Prouty Project Team: Key Facilitators



Peter Bailey

President

Peter specializes in engaging business leaders and teams in transformational experiences which enhance their skills, systems and processes for working better together. Peter is a multi-faceted experiential designer and facilitator, who has delivered 25 years of education-based adventure and innovative training to executives and management teams in the fields of high-technology, telecom, manufacturing, pharmaceutical and customer service. Peter designs and facilitates programs which integrate strategic planning, creativity and innovation with cross-cultural communication skills for companies eager to help their people work better around the world.



Adrienne Jordan

Senior Consultant

Adrienne is an expert leader with over 20 years of experience in strategy, planning and process improvement across a variety of sectors including corporate, sports, education, foundation, non-profit and political arenas. Prior to joining The Prouty Project, Adrienne served with the Minnesota Super Bowl Host Committee, where she was responsible for leading the Project and Risk Management Office. Adrienne's past experiences include serving as the Chief of Staff for Minneapolis Public Schools for five years, and working with General Mills, Inc. for 13 years in various leadership roles in sales and the foundation. Adrienne is a native of Columbus, Ohio, and a graduate of the University of Notre Dame, where she was a member of the 1997 NCAA Final Four Women's Basketball Team.



Kristin Jonason

Consultant

Kristin provides consulting and advisory support to our clients and partners. Kristin specializes in the area of Positive Psychology, the scientific study of well-being and human flourishing. She aims to integrate elements, research, and interventions from Positive Psychology into all our client engagements to increase their individual and organizational well-being. Kristin is an adventurous person who loves trying new things and is not afraid to stretch herself in out-of-the-box situations. Prior to joining the Prouty Project in 2016, Kristin spent two years in marketing and several summers at a YMCA camp, eventually becoming Assistant Director. Kristin has her Masters in Applied Positive Psychology from the University of Pennsylvania and a B.A. in psychology from DePauw University. Kristin is one of our Licensed Practitioners of Insights Discovery.





References

When it comes to our work, we believe our relationships speak louder than our words. We have clients of all sizes and across every industry, many of whom have been with us for more than 10 years. We encourage you to talk with any of the following references to learn more about our impact on their organizations. We'll provide specific contact information for the organizations below, as requested.

- Julie Conzemius, HR Director, SFM Workers Comp julie.conzemius@sfmic.com
- Elise Hartfiel, CHRO, Egan Companies emh@eganco.com
- Sondra Samuels, President and CEO Northside Achievement Zone ssamuels@the-naz.org

QUARTERLY NEWSLETTER

THE PROUTY PULSE

INSIGHT INTO STRATEGIC PLANNING & LEADERSHIP DEVELOPMENT



PROUTYPROJECT.COM



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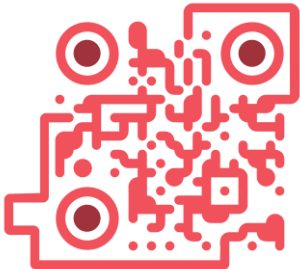
MONTHLY E-MAIL

THE PROUTY PERSPECTIVE

INSIGHT INTO STRATEGIC PLANNING & LEADERSHIP DEVELOPMENT



TALES OF
STRATEGIC PLANNING &
LEADERSHIP DEVELOPMENT



THANK YOU!

Scan the QR code to get on the **V.I.P. (Very Important Prouty)** list to stay in the loop with the latest news, events, and insights from the Prouty team.