

Personal Supplies and Equipment

“GO BAG LIST”

- Cell Phone and charger (personal)
- Cash minimum \$100/per week per person (Credit Cards may not always work)
- Potable water one gallon per person
- 1 qt Drinking container: camel back or Nalgene bottle w/ insulation recommended.
- Mess Kit
- 1 MRE
- Snacks
- Books, cards, etc.
- Sunscreen/Bug repellent (consider mosquito netting)
- Sunglasses
- Spare prescription glasses
- Personal medications: recommend aspirin, ibuprofen, Benadryl, and Imodium.
- Copy of Prescription Medications
- Credentials, Driver's License, picture ID
- Hat
- Flashlight, headlamp & spare batteries (rechargeable) and a charger
- Team Uniform (2 pants, 3 shirts) **Note: Place in Ziploc bags.**
- T-shirts, underwear (1 pair/each day of deployment) **Note: Place in Ziploc bags.**
- Work boots (**OSHA** approved recommended).
- Pillow & Sleeping bag/pad
- Off time clothing
- Weather Appropriate Clothing: gloves, boots, hat, long underwear, extra sweater, jacket, rain gear
- Large Zip lock bags
- Toilet Paper
- Survival Kit** to include: compass, “pencil flares”, water purification, glow sticks, strobe light, signal mirror, waterproof matches, wire, nylon cord, candles, energy gel, space blanket
- Leatherman type tool
- Personal hygiene items
- Washcloth & towel
- Shower sandals
- Recommend Living Will**